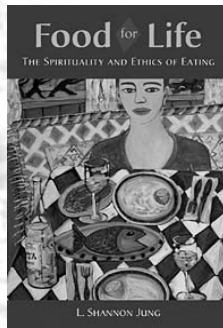


- ◆ From the Worship Matters series (AFP), **Daily Bread, Holy Meal** by Samuel Torvend offers an ideal format and fertile content for adult study. Beginning and ending with his grandmother's gift of golden molasses bread, Torvend provides a banquet for all who long for a deeper understanding of the generosity of God.
- ◆ **Church World Service/CROP** provides opportunities for ending hunger through their animal sharing program, disaster support, annual CROP walks, and more. See [www.cwsbestgifts.org](http://www.cwsbestgifts.org) or [www.churchworldservice.org/](http://www.churchworldservice.org/)
- ◆ From the Lutheran Voices series for small group discussion, **Ending Poverty, A 20/20 Vision** is a guide for individuals and congregations and **Give Us This Day: A Lutheran Proposal for Ending World Hunger** helps outline concrete ways for congregations to make a difference. Preview copies available or for purchase at <http://www.augsburgfortress.org/store/itemseries.jsp?clsid=253233>
- ◆ Shannon Jung's **Food for Life: The Spirituality and Ethics of Eating** is a call to Christians to pay attention to "creation, consumption, and life abundant" for everyone. Available for loan.
- ◆ Consider subscribing to **Sojourners**, a monthly magazine that seeks to inspire hope and action by addressing the biblical call to justice. Email [sojourners@cambeywest.com](mailto:sojourners@cambeywest.com) or call 800.678.9691.
- ◆ **Ending Hunger Now: A Challenge to Persons of Faith** by George McGovern, Bob Dole, and Don Messer is a valuable resource for congregations working to be faithful and attentive to issues of sharing bread and eliminating hunger. Available for loan.
- ◆ Finally, **Sleeping with Bread: Holding What Gives You Life** is a story readers will long remember for the many ways it speaks of hunger. Available for loan or at <http://www.amazon.com/Sleeping-Bread-Holding-What-Gives/dp/0809135795>



# CALLED TO BE BREAD

*Holy God, our Bread of Life, our table and our food, You created a world in which all might be satisfied by your abundance . . . You sent your son . . . to become bread for the world . . . Strengthen us to serve all in hunger and want . . . And make of us the Body of Christ for the world.*

Eucharistic prayer from *Renewing Worship*, AFP 2002

What does it mean that Jesus is called the Bread of life? Or that he came to us in a manger used as a feedbox? Or that we place his birth in a small town named "house of bread?"

What does it mean that we receive Christ's body in the form of bread and wine or that we are called to be the body of Christ, bread for the world? Is Christianity about food and drink? What does Jesus have to do with hunger?

The following resources are recommended for the ways in which they illustrate what it means to be Christ's body in the world, the bread of life.

Julie K. Aageson

Director of the Resource Center  
Coordinator, ELCA Resource Centers

*Eat this bread drink this cup come to me and never be hungry*

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*We come to the hungry feast hungry that the hunger cease*

# CALLED TO BE BREAD

- ◆ A beautifully crafted meditation called **When Did I See You Hungry?** can help viewers begin the conversation about what it means to be poor, hungry, without resources. This award-winning DVD collection of black and white images is available for loan from the Resource Center. Go to <http://www.harcourtreligion.com/pdf/hungry.pdf>
- ◆ For individual or small group study, take a look at a creative new resource from Lutheran Woman Today called **Living a Life of Daily Bread**. This three part study focuses on bread making and bread sharing. It helps participants think about the deeper meanings of being bread for one another, bread for the world. It's a free download at <http://www.elca.org/Growing-In-Faith/Ministry/Women-of-the-ELCA/All-our-resources/Promoting-Healing-and-Wholeness.aspx>

- ◆ **ELCA World Hunger: Go and Do Likewise** is a collection of six DVD presentations available for congregational use. For loan from the Resource Center or go to [www.elca.org/hunger/basics](http://www.elca.org/hunger/basics)



Break now the bread of Christ's sacrifice  
giving thanks hungry ones gather round

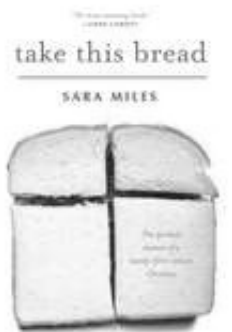
- ◆ **Breaking Bread: The Spiritual Significance of Food** by Sara Covin Juengst invites us to "retaste, renote, and reswallow our life from God" (Walter Brueggemann). This beautifully written book makes connections between meals, Holy Communion, and rituals of sharing and includes recipes for "action."
- ◆ **Micah 6** from the National Council of Churches includes bible study and worship resources as well as activities for children rooted in the fundamental question of Christian discipleship: what does the Lord require of us? Available for loan from the Resource Center or at [www.micah6.org](http://www.micah6.org)
- ◆ The ABC documentary, **Hunger No More: Faces Behind the Facts** introduces congregations to people of faith who have taken up the challenge of eradicating hunger. Available for loan. Study guide. [www.ncccusa.org/hunger/](http://www.ncccusa.org/hunger/)
- ◆ Consider joining **Bread for the World**, a remarkably effective Christian advocacy group (begun by Lutherans!) that seeks to help reduce hunger in the U.S. and around the world. Go to [www.bread.org](http://www.bread.org) to help your congregation make a difference.
- ◆ Practical resources for helping congregations respond to opportunities for sharing bread and feeding the hungry include **toolkits, bulletin inserts, reproducible stories, ideas for fund raising and projects**, and much more. Go to [www.elca.org/hunger](http://www.elca.org/hunger) and [www.elca.org/goodgifts](http://www.elca.org/goodgifts)

- ◆ **Taking Root** is a new hunger education curriculum designed to teach root causes and basic solutions to world hunger. Four age-level courses can be adapted to fit any congregation. Children's books and a DVD are included. Sample kits available at the Resource Center or online at [www.augsburgfortress.org/elcahunger](http://www.augsburgfortress.org/elcahunger)
- ◆ For an interesting take on consumerism in our culture, take a look at a creative video at [www.storyofstuff.com](http://www.storyofstuff.com)
- ◆ The DVD, **For the Sake of the World**, introduces ELCA global ministries that make a difference. Download at [www.elca.org/handyresources](http://www.elca.org/handyresources)

I am the Bread of life You who come to me shall not hunger

- ◆ Being bread in communities we're called to serve is illustrated in two remarkable books: Heidi Neumark's **Breathing Space** describes this pastor's heart for feeding the hungry and walking with the outsider. Her call to the South Bronx is a journey of practicing "real church." See <http://www.spiritualityandpractice.com/books/books.php?id=6755>

Sara Miles' **Take This Bread: A Radical Conversion** tells a story of radical transformation as Miles receives Holy Communion and recognizes the meal as the foundational call to all Christians to feed the hungry. See [http://saramiles.net/take this bread](http://saramiles.net/take-this-bread)



- ◆ **Just Neighbors Tool Kit** is an interactive, multimedia resource to help congregations consider issues of poverty and justice. The flexible format includes five short DVD segments: Who is My Neighbor?, Making Ends Meet, Housing Matters, Prejudice, Privilege and Poverty, and Our Children, Our Future. The nine sessions are completely outlined with discussion questions, resources, supply lists and how to present the material. See <http://www.congregationalresources.org/just-neighbors> Available for loan from the Resource Center.
- ◆ For a right-on-target introduction for addressing poverty and hunger and the choices we make, the DVD **Servant or Sucker: Wise and Compassionate Ways to Help the Poor** speaks honestly about the dilemmas of knowing how to help. Five short sessions help viewers consider truly wise and compassionate ways to share bread. Available for loan. View a clip at <http://www.youtube.com/user/ecufilm>
- ◆ A collection of children's books focusing on themes of hunger and justice includes **If the World Were a Village, The Tin Forest, Being Poor**, and more. Available for loan. <http://www.elca.org/hunger/takingroot>

You satisfy the hungry heart With gifts of finest wheat